



broadcast clip

Station :	ABC 702 Sydney	Program :	Drive
Location :	Sydney	Producer :	Ms Sascha Rundle
Aired On :	12/11/2009 4:08:28 PM	Duration :	11 mins 45 secs
Compere :	Richard Glover	Summary ID :	S00036840755
Demographics :	Male 16+ 29000 ABs 15000	Female 16+ 40000 GBs 48000	
Interviewees :	Cathy Knox, Post and Antenatal Depression Association		

Glover says post natal depression is mostly seen as a woman's problem, caused by 'hormonal changes' during pregnancy. Glover says the Post and Antenatal Depression Association has an campaign to raise awareness of the disease among men. Cathy Knox from the Association is on the line to discuss the problem, saying it affects 'a lot of men'. She says there are 'many factors' other than hormones. These include stress factors like moving house or changing jobs. Callers discuss depression. Knox says adoptive parents and IVF users can also feel depressed. She discusses her own experiences with pregnancy. She 'failed breastfeeding' and contraception, and suffered from post natal depression. Knox says she also works for the Gidget Foundation, established after a young mother committed suicide while suffering from post natal depression.