



broadcast clip

Station :	ABC 666 Canberra	Program :	Afternoons
Location :	Canberra	Producer :	Ms Claire Gorman
Aired On :	12/11/2009 1:51:51 PM	Duration :	7 mins 50 secs
Compere :	Genevieve Jacobs	Summary ID :	W00036839248
Demographics :	Male 16+ 2000 ABs 1600	Female 16+ 3000 GBs 3300	
Interviewees :	Belinda Horton, CEO, Post and Antenatal Depression Association		
Interviewees :	Kathy Knox(*), former depression sufferer		

Jacobs states post natal depression is an unspoken problem, saying the disease has the capacity to cripple people. She say many people who suffer from this are not being diagnosed. The Post and Antenatal Depression Association will launch a new awareness campaign today. CEO Belinda Horton explains 10% of new fathers will also suffer from this and describes the impacts the depression can have on families. She urges all parents to talk about how they feel after having baby. Former depression sufferer Kathy Knox(*) discusses her experience. Horton advises PANDA provides a national helpline, and that the Federal Government will provide a more extensive funding for the service net year. She adds grandparents can play a key role in helping parents overcome post natal depression.